BOLETIN

Lo Nuestro

THE SEPHARDIC CONGREGATION OF FLORIDA | TEMPLE MOSES

SIVAN 5773 • TAMUZ 5773 • AV 5773 JUNE 2013 • JULY 2013 • AUGUST 2013

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תורת משה

Message from the *Rabbi*

Rabbi Daniel Hadar

Why do Jews kiss mezuzahs?

I want to share a thought about this developed by Rabbi Kahn from Jerusalem.

Some may view kissing the mezuzah on the way out the door as a superstitious gesture: They seek protection from the elements, from both the physical and spiritual harm that lays in wait beyond the security of the home.[1] However, for many, kissing the mezuzah may be an expression of simple and honest faith. They seek a connection with God, and view the mezuzah as an expression of this connection.

In the middle ages, a number of rabbinic authorities expressed approval of the custom of touching the mezuzah upon taking leave of one's home while uttering a prayer asking God for protection.[2] The mystics instructed that when touching the mezuzah, specifically the three-lettered name of God – SHA-DaI – that is printed on the outside of the parchment, should be touched, and then the finger which touched this holy name should be kissed.[3]

What is it about this name Sha-dai that affords protection and gives us strength when facing the world? Why is this particular name of God associated with the mezuzah, so much so that some say the name Sha-daiis actually an acronym for shomer dalatot Yisrael – 'protector of the doors of Israel'?[4]

The Talmud[5] explains that this name is intertwined with the very basic processes of creation: Prior to the moment of Creation, there was nothing. The act of Creation was an act of expansion, which progressed until the point that God said to nature, "dai" – "enough," desist from expanding. This name, then, is associated with the ability to control nature or harness instinct.

The name Sha-dai is found for the first time in the Torah when God gives Abraham the commandment of circumcision, as if to express the concept that, although man is surely a creature of natural impulse, although man is often controlled by instinct, nature can and must be harnessed. Just as God harnesses nature, creates boundaries so that the universe does not continue to expand into extinction, so can man harness his own nature, draw lines within which he can realize his potential and become perfected.

The biblical character most closely identified with this characteristic is Joseph; the Divine name Sha-dai is used in connection with him more than any other biblical character. We recall that Yosef heroically controlled his own instinct and impulses when propositioned by the wife of Potifar, his master. He practiced restraint, creating and respecting the boundaries that comprise moral behavior. He knew the secret of Sha-dai.[6]

Although the original custom was to touch or kiss the mezuzah when leaving one's home, many Jews have extended this practice to every doorpost that has a mezuzah. They seem to have decided that uttering a silent prayer and asking for Divine protection is a wonderful way to punctuate the day with spiritually uplifting mini-events.

But the truly "Godly" gesture is not merely reaching out one's hand to the doorpost; it is knowing how and when to say "enough" – dai, of practicing self-control. The restraint that we learn from the very act of Creation should be a guiding principle for our lives, an organizing principle that can help us perfect all our relationships. Self-restraint – control of the human impulse to expand, to control, to conquer – will help us when are at work, and when we are at play.

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1. This association may be dated back to the placing of the blood on the doorposts during the Exodus, an act which protected the Israelites as God "passed over" their home. See the Mechilta Bo, end of section 11, which associates the mezuzah with this rite. See Responsa Divrei Yatziv,Yoreh Dayeh 191.
2. See customs of the Mahril section 91.
3. BirkiYosefYorehDayeh 285:3.
4. SeferEitzChaim, ShaarHaKlalim.
5. Talmud Bavli, Chagiga 12a.
6. For more on this idea, see Explorations(Jerusalem: Targum Press, 2001), p. 87 ff.

Message from the President

Temple Moses Board of Directors

Roberto Behar
President

This past May, we celebrated three big events at Temple Moses that once again brought our community, our families and our children together: Our First Ever Bat Mitzvah Community Ceremony; Shabbat Family Night and Shabbat Rocks. These three events were representative of the continued strength of our community and how we reach across multiple generations to build inroads for a bright future.

The Bat Mitzvah Club held the first-ever community ceremony where eight young girls participated. The event brought together several families in celebration of our heritage for this important rite of passage. I would like to thank everyone who worked together to make this event a huge success; a special thanks to our Rubisa Deena Hadar for preparing all the young ladies for this religious ceremony and for teaching them the importance of being a Jewish woman.

At our Shabbat Family Night, the ADL (Anti-Defamation League) honored Temple Moses board member, Rolando Behar, with a well-deserved award for his work and dedication to the cause. We had over 300 members of our congregation in attendance – including 55 children who participated in the night's festivities. A big thanks to Perla Tacher and Ida Behar for their hard work in organizing this night in honor of Rolando Behar.

The following morning, we launched our Shabbat Rocks program, initiated by Rabbi Hadar, in an effort to further engage our youth with the Torah and our heritage. Divided by age group, over 45 children participated. There was even a special "parents" class to help everyone join in!

It has given me great joy to see our Temple flourish and grow over the last few years – especially in the greater number of young families and children in attendance. I think they would agree with me in saying that we are officially "Rocking!"

Keep the wonderful momentum going as you enjoy the summer vacation and I look forward to celebrating with you all again during the high-holidays in early September.

Roberto Behar

Mensaje de la Presidenta

Comite de Damas "Victoria Adouth"

Marisol Behar
Presidenta

Un muy querido saludo a toda la comunidad.

Espero que todos hayan pasado un Pesach alegre en unión de su familia. La Cocina disfrutó de unas vacaciones durante la semana de Pesach, pero ya estamos todas en función de nuevo y preparándonos para los High Holidays. Quiero aprovechar la oportunidad para felicitar a todos los graduados por sus logros.

Este será mi último mensaje en el boletín, ya que en julio se cumple mi termino como Presidenta del Comité de Damas, Victoria Adouth. Quiero aprovechar esta oportunidad, para despedirme como su Presidenta y agradecer a todos los que me apoyaron durante mi liderazgo. Tuvimos muchos eventos que fueron un éxito y quiero mencionarlos aquí y agradecerles a las señoras que los dirigieron: Tango Times, dirigido por la señora Nelly Egozi, Canasta Party, dirigido por la señora Sarita Egozi, el Purim Masquerade Party y el Chai Coutoure Fashion show, los dos dirigidos por las señoras Kathy Dorfman y Reina del Castillo, quien ha sido para mí de un apoyo incondicional. Hubo varias clases de cocina con las Chefs Raquel Crespin, Roberta Esquenazi, Rosita Betancourt, Becky Sherman, Estrella Esquenazi, Nelly Egozi y Rosita Caspi, mi mayor reconocimiento para ellas. Yo daré la última clase de cocina de mi presidencia, en mi casa, junto a Rosita Betancourt el 26 de junio. Espero verlas a todas ahí ya que les tenemos un menú planeado muy especial. Por favor, llamen a la oficina para reservar.

Aparte de todos estos eventos exitosos, hemos tenido gran éxito con el "renacimiento" del Arbol de la Vida. Este esfuerzo, ha sido el de la señora Victoria Rodriguez que ha hecho un magnífico trabajo. No les tengo que decir de la increíble transformación que ha tenido el Boletin "Lo Nuestro" gracias a la visión y el esfuerzo de la señora Esther Egozi. Muy agradecida a Nelly Egozi, Elisa Benrey, y Rosita Caspi por su magnifica labor en el envio de tarjetas, y a Regina Franco por conducir tan bien la membresía del Comité.

El "huevo", que se hace cuando hay un fallecimiento en la comunidad o un "unveiling", es un gran servicio muy importante que les hacemos a las familias de nuestra Congregación. Este es un servicio que por definición es siempre imprevisto. Tengo que agradecerles la dedicación de Susana Gonte y Raquel Crespin que han estado siempre a la orden para cumplir con esta importante función.
Me queda mencionar los Picnics de Purim, organizados en gran parte por las damas de la cocina y ayudados por un grupo de caballeros de nuestra comunidad. Siempre le he dado las gracias a "las damas de la cocina" pero esta despedida merece que las mencione a todas. Gracias a: Raquel Crespin, Nelly Egozi, Yoya Franco, Susana Gonte, Dora Hasday, Millie Heres, Dora Maya, Luna Mitrani, Victoria Rodriguez, Perla Tacher, Corina Topp y a nuestra más reciente adquisición, Estrella Esquenazi, por su gran aporte a la cocina y su gran labor como Tesorera del Comité de Damas. También deseo agradecer a Eugenia Behar, Elisa Benrey y Sarita Tacher que trabajaron en el primer año de mi presidencia pero que tristemente tuvieron que retirarse. Quiero hacer un reconocimiento especial a la señora Esther Purcell Z'L", que era mi gran compañera haciendo bizcochos. Todavía la recuerdo cada vez que me siento a hacer bizcochos.

Por último, no me puedo olvidar de agradecer al equipo del templo que nos apoya en todo: Marta, Andres, y Diana, que hace tan buen trabajo con el boletín. Además a nuestra querida Hortensia que es una compañera más en la cocina. También les agradezco a nuestro querido Rabino y Rubisa que han traído vida a nuestro templo. El 24 de julio a las 7 de la noche, tendremos una reunión en el Templo, a la cual está invitada toda la comunidad para despedirme e informarles de los logros financieros de los dos años de mi presidencia, y además informarles del futuro del Comité. Espero verlos a todos ahí. Gracias por la oportunidad de servirles durante estos dos lindos años y gracias por el cariño y el apoyo que todos me han brindado. Aunque me retire de la presidencia, no me retiro del templo. Continuaré trabajando con mucho amor.

Saludos,

Marisol Behar

CICLOS DE LA VIDA

MAZAL TOV A

Jaclyn y Shai Matityahu
Por el nacimiento de su nueva hija Alexa Yael Matityahu, que hacemos extensivos a sus abuelos Betty and Abe Maya y a los bisabuelos Rita Roffe y Mordú y Teresa Maya

Jack y Jessica Mitrani
Por el Berit Milah de su hijo Samuel Elliot Mitrani. Extendemos nuestras felicitaciones a los abuelos Sr. y Sra. Moises Mitrani

Michael y Angel Behar
Por su boda

Bat Mitzvah Club
Por su graduación en Mayo 26, 2013

Jennifer y Adam Marmon
Por el blessing de su hija Toba Rebecca Marmón. Extendemons nuestras felicitaciones a su hermano Isaac Levy Marmón, los abuelos Jack y Luisa Levy, y la bisabuela Esther Levy

David Matz
Por su bar mitzvah. Extendemos nuestras felicitaciones a sus padres Kathy Dorfman Matz y George Matz

Rick y Ronit Behar y las familias Behar y Benoliel
Por el bat mitzvah de Sarita Benoliel

Joseph Magrisso y Hannah Kohn
Por su compromiso. Extendemos nuestras felicitaciones a sus padres Isaac y Dora Magrisso, y Steven y Renée Kohn y al hermano de Joseph, David Magrisso

Rubisa Deena Hadar
Por ser honrada en el State of Israel Bonds Annual Cuban Hebrew Dinner

Estrella y Rafael Motola
Por el bar mitzvah de su nieto Ralphie, hijo de James Motola y Sara Shames

Nuestro Cantor Israel Maya e Itti Maya
Por el bat mitzvah de su hija Dina Maya

REFUAH SHELEMA A

Jacobo Cohen, Esther Zamek, Jaime Salti, Rosa Ergas, Jose Ergas, Dora Maya, Dr. Isaac Egozi, Victoria Rodriguez, Salomon Fresco, Juan Matalon, Hortensia Gonzalez, Esther Maya, Luna Mitrani, Marta Jacofsky

KIDDUSH DONADO POR

Moises y Veronica Maya y Anita Maya
En honor de Alberto Maya, que retorna después de pasar un año de voluntario en el Army de Israel.

Reina Del Castillo
En memoria de su esposo Raul Del Castillo Z"L y su hijo Alberto Del Castillo Z"L

Jack y Luisa Levy
En honor del blessing de su nieta Toba Rebecca Marmón

Tina y Tommy Grohslicht y Moises y Bonnie Esquenazi
en memoria de Abraham y Corina Esquenazi Z"L, Nissim Esquenazi Z"L, Masal Esquenazi Z"L, Mordo Esquenazi Z"L, y Clara Esquenazi Z"L

Emily Romano y Familia
En memoria de Israel Romano Z"L

CONDOLENCIAS A

Esther Bejar, Sammy Bejar y Familia, y Fanny Bejar de Cohen
Por el fallecimiento de su madre Reina Bejar Z"L

Matilde Beraja, Alberto Beraja, Dr. Roberto Beraja, Dr. Victor Beraja, y Dr. Esther Beraja
Por el fallecimiento de Isidoro Beraja Z"L

Emilia Romano, David, Gilda, Jacobo y Fortune Romano, y Jacobo Romano
Por el fallecimineto de Israel Romano Z"L

Alegre Cohen, Leon Behar, Alberto Behar, y Jacobo Cohen
Por el fallecimineto de Isidoro Behar Z"L

Belina y Joyce Bejar, Sabeto Garazi, Eugenia Tachmes, Esther Garazi, Luis Egozi, y Raquel Silverstein
Por el fallecimineto de Esther Bejar Z"L

FLORES DONADAS POR

Familia Fresco
En memoria de Sara Rosenwald Z"L

Alberto, Samuel, Esther, y Kaki Behar Levy
En memoria de Victoria Behar Levy Z"L

Isaac y Sarita Rodriguez
En memoria de su madre Fortuna Calvo Policar Z"L

Mayra y Mario Babani
En memoria de Gloria Franco Z"L

Raquel Oev
En memoria de Salvador Oev Z"L

Eugenia Behar
En memoria de su madre Bulisa Naon Z"L

Perla y Elias Tacher
En memoria de Luisa Cheni Z"L y Esther Tacher Z"L

Libby Bassan
En memoria de Ana Lechter Z"L y Chaim Lechter Z"L

Familia Benezra
En memoria de Isaac Benezra Z"L

Familias Benrey, Ojalvo y Egozi
En memoria de Salomon Benrey Z"L

Esther Franco, Victoria Rodriguez, y Alberto Morhaim
En memoria de su hermana Susana Morhaim De Levine Z"L

Perla y Elias Tacher
En memoria de Perla Maya Misdraji Z"L

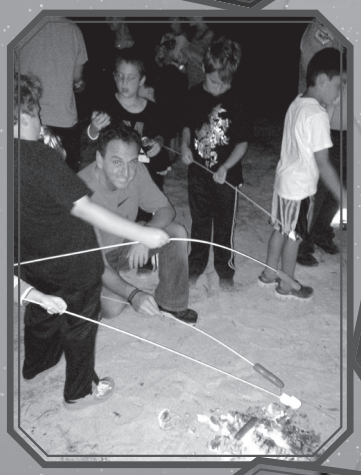
Moises, Esther, Rebecca y Estrella Behar
En memoria de Acher Behar Z"L

Moises y Esther Behar
En honor del matrimonio de Michael y Angela Behar

Lag Baomer 5773

By Dalia Cohen

Lag Ba'Omer was an incredible success! A turnout of 120 people of our community coming together at Jon U Lloyd state park. Rabbi Hadar began the celebration by gathering everyone around the bonfire and telling the story of Rabi Akiva and his students and then leading everyone into beautiful songs. The best part of the evening followed with delicious marshmallows and hot dogs being roasted in the 6ft bonfire. Here are some of the incredible pictures of Temple Moses Lag Ba'Omer 2013



Festival Sefaradi

Por Veronica Maya

Durante el mes de marzo FeSeLa presentó su festival Sefaradí con las actuaciones de Liliana Benveniste y Paco Díez en concierto, así como la presentación del documental The Chosen Island sobre los Sefaraditas que aún quedan en Cuba.

Liliana, juntamente con su esposo Marcelo Benveniste, dedican todo su tiempo a la preservación de la cultura Sefaradí. Liliana tiene una bellísima voz y cautivante personalidad con la que nos deleitó el pasado 12 de marzo con un concierto espectacular.

Paco Díez es un artista español que nació para cantar e interpretar canciones en Ladino. Acompañado de su guitarra e instrumentos medievales, participa en festivales de música en diferentes países y su especialidad es el cancionero Sefaradí. Su presentación en el festival fue todo un éxito.

El Latin Auxiliary del MJHS honra la vida y memoria de Raquel Egozi Behar

En días pasados, yo, como presidenta del Latin Auxiliary del Miami Jewish Home, tuve el placer y la alegría de dejar plasmado en algo tangible, el honor y el agradecimiento a una señora incansable en su afán de recaudar fondos para el home, me refiero a Raquel Egozi Behar Z"L.

Ella, como nadie, sabía como hablarle a las personas para obtener una donación. Al hacerle la dedicación del patio que une los dos edificios, quedará para siempre el recuerdo hacia ella.

La dedicación estuvo muy concurrida, en un ambiente muy familiar lleno de cariño y respeto. Esa tarde se dedicó un rico almuerzo donde todos disfrutamos de la compañía de todos sus amigos y familiares.

Rebecca Zeligman

Welcome
to our New Members

Jonathan and Emily Levine

Welcome
to our
New Tree of Life Members

Pascual D. Toranzo and Dianeya Romero

BORRECAS DONADAS

Rafael Egozi
Esther and Didier Choukroun
Reina Haft
Perla and Elias Tacher
Sabeto and Cuqui Maya
Raquel Oev
Kathy Dorfman
Augusto Bensur

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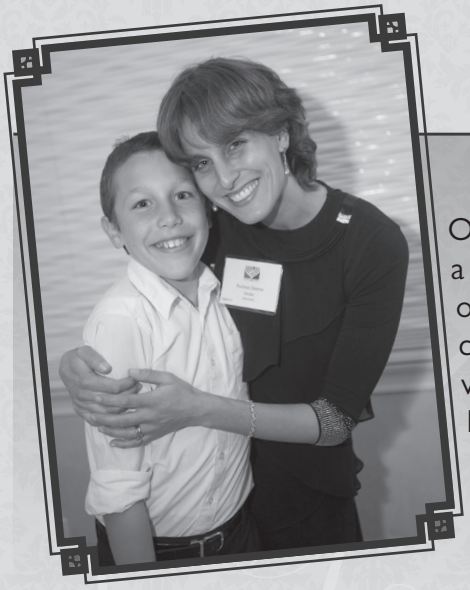
Israel Bonds Dinner

By Pamela Behar



On Thursday May 2, a wonderful group of Temple Moses community members ventured south to Beth Shmuel, the Cuban Hebrew Congregation on South Beach for the State of Israel Bonds Annual Cuban Hebrew Dinner. On this evening we were invited to honor three inspiring women of valor, Deena Hadar, Ita Oleksnianski, and Bonnie Schwartzbaum. These three outstanding women representing Temple Moses, Cuban Hebrew and Temple Menorah were chosen to receive this honor because of their dedication to the State of Israel and their respective communities.

Our Rubisa, Deena Hadar was recognized specifically for her contributions to our Temple in teaching classes, hosting workshops and leading the Bat Mitzvah club. Special recognition was given for Deena's leadership role in the Jewish Women's Renaissance Project where 18 women from Temple Moses were given a unique opportunity to re-connect with their Jewish homeland. With an unrelenting enthusiasm for our community, Deena has brought both her smile and love of learning to Temple Moses and we are extremely proud of this honor.

Thank you

to all volunteers of the Sephardic Congregation of Florida and the International-American Chapter of Hadassah for sharing with me their hard work on the Chai Couture Fashion Show.

Special thanks to:

Marisol Behar

Diana Buitrago

Reina Del Castillo

Your input and dedication contributed to its success.

Anita Grosfeld

En memoria de

Yontov Isidoro Behar, Z"L

por Morris Jrade

Socio fundador, presidente de honor, miembro del patrimonio, vice-presidente de Fesela y gabay de nuestra comunidad. Desde que estábamos en la cueva, formó siempre parte de la junta directiva y nunca le interesaron los títulos, pero sí trabajar por nuestra sinagoga.

Fue presidente durante 4 años, realizando una labor extraordinaria, cuidando las finanzas de nuestro templo y asegurándose que la parte religiosa no se abandonara. Disfrutaba de las fiestas religiosas y recoger dinero para nuestro cahal, los sábados, nos daba una charla de religión antes de la lectura de la Torah.

Su familia, religión y amigos eran lo más importante para él.

Isidoro, aunque no te podamos ver, sabemos que estás junto a nosotros protegiéndonos y sobre todo cuidando de nuestra querida sinagoga.

Gracias

Nuestro más profundo agradecimiento a familiares y amigos por estar a nuestro lado en momentos tan difíciles y de tan profundo dolor ante la irreparable pérdida de nuestro querido Isidoro, Z"L

Su esposa Alegre, sus hijos Leon y Rita, Alberto y Karen, sus nietos, Ofelia, Joyce Sarah, Jason, Joshua y Elise Malka, sus bisnietos, Joseph, Leah, Benjamin y Nathaniel.

Deseamos expresarles a todos nuestros familiares y amigos, así como al Rabino Hadar y al Cantor Israel Maya, las más expresivas gracias por las demostraciones de afecto y solidaridad recibidos ante la irreparable pérdida de mi esposo Israel Romano y padre de nuestros cuatro hijos: Fortunee, David, Jacob y Gilda.

Emily Romano e Hijos

TARJETAS ENVIADAS

Por Colaboración de Elisa Benrey y Nelly Egozi (nellyegozi@gmail.com)

Chais To

Reina Bejar Z"L
Joe Gabay
Esther Garazi

Get well to Victoria Rodriguez
Estrella and Jaime Esquenazi
Geni Behar

In Memory of Enrique Ros
Board of Directors

Bella Olzcyk's mother Maña Josub Z"L
Esther and Moises Egozi

Get Well to

Violeta Fintz
Geni Behar

Sam Hasday
Perla and Elias Tacher

Marta Jacofsky
Compañeras de Cocina
Victoria Rodriguez
Geni Behar

Dr. Isaac Egozi
Perla and David Egozi

Hortensia Gonzalez
Compañeras de Cocina
Marisol and Roberto Behar

Victoria Rodriguez
Marta Jacofsky
Julita Choeff and Maria Klockman
Esther and Moises Egozi
Compañeras de Cocina
Millie Heres
Isaac and Zoila Lagari
Lucia Susi
Julie and Jose Ojalvo
The Ladies Club

Mazal Tov to

Reina Haft 90th Birthday
Julie and Jose Ojalvo

Esther Rahamin 90th Birthday
Compañeras de la cocina

Robert Nesselroth
Geni Behar

In Sympathy

Alberto Azza Z"L
Bella Haas & Family

Isidoro Beraja Z"L
Esther Garazi
Violeta Fintz and Matilde and Jaime Givner

Zoila Eskenazi Z"L
Violeta Fintz and Matilde and Jaime Givner

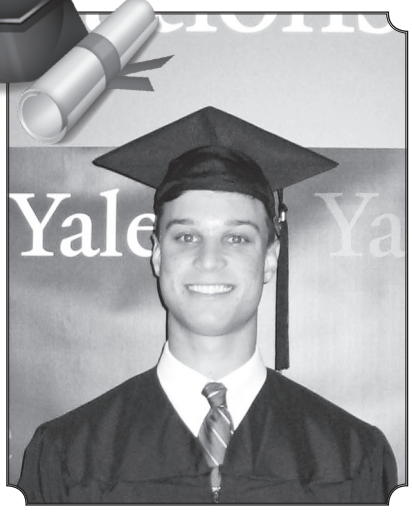
Isidoro Behar Z"L
Luna and Morris Cohen
Julie and Jose Ojalvo
Perla and David Egozi
Lucia Susi
Esther Garazi
Susie Magrisso
Sarita Crespin
Millie and Jose Heres
Chuna and Jose Behar
Fanny and Jose Morhaim
Rene and Rosa Betancourt
Clara and Efraim Tache
Miriam and Moises Behar

Israel Romano Z"L
Rene and Rosa Betancourt

Maña Josub Z"L
David and Violet Samberg
Luisa and Aaron Maya

Chelsea Egozi

Graduated from the University of Florida, magna cum laude with a bachelor degree in Telecomunications. She was the president of Phi Sigma Pi a national honor fraternity. Chelsea is the daughter of Leon and Gayle Egozi and the granddaughter of Esther & Moises Egozi

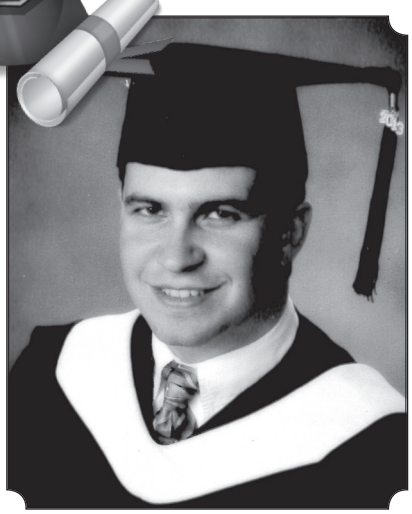


Daniel Aaron Levine

Son of Susana and Jack Levine and grandson of Sabeto Garazi, graduated from Yale University with a Bachelor of Science with a double major in Economics & Mathematics and Computer Science.

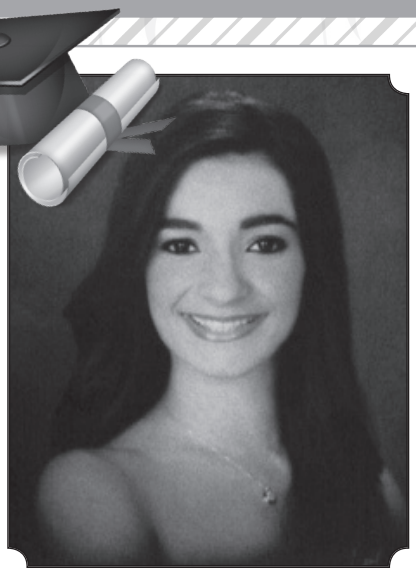
Michael Maya

Graduated from Boston University Dental School and earned a degree in Doctor of Dental Medicine. Congratulations! We are very proud.
Son of Betty and Abe Maya.
With all our love, Mom and Dad
Jacob, Jaclyn & Shai and Alexa



Jason D. Soriano

Graduated on May 10th, 2013 from the University of Miami with a degree on Broadcast Journalism and Political Science.
Congratulations!
With love,
Abuela Carmen and Tia Norma



Sari Dueñas

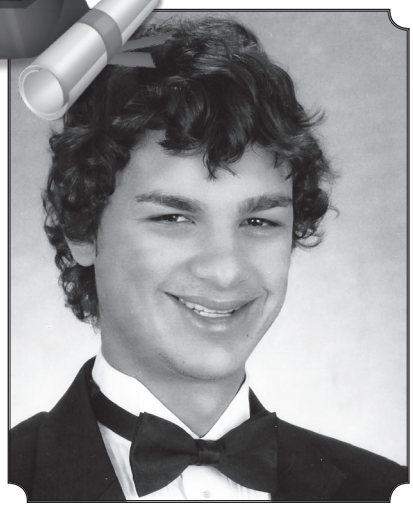
Hija de Marcos y Nanette Dueñas. Graduada de St. John's School de Puerto Rico. High School presidente de el School Council con honores. Asistira a Bryan University en Providence Rhode Island. Nieta de Veronica y Moises Maya.

Blake Egozi

Graduated with honors from Nova University High School. She was an academic All American for Lacrosse and she will be attending UCLA. Blake is the daughter of Leon and Gayle Egozi and the granddaughter of Esther and Moises Egozi

Natalia B. Egozi

Mazel Tov! Penn Sate is very lucky to have you! You have brought much Joy & Happiness to our lives; many proud moments too. Wishing you continued success!
Graduating from Alonso Mourning High School
Going: Penn State-Pennsylvania



Jordan Less

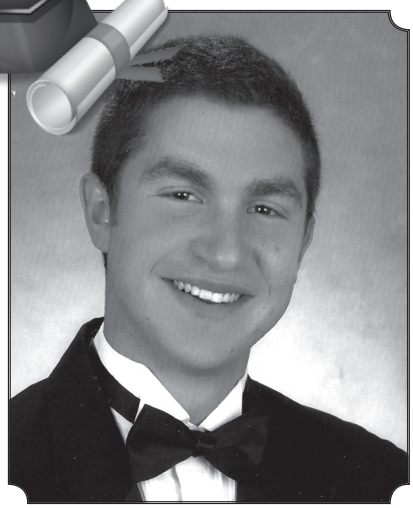
Congratulations to our grandson Jordan and his parents Emily and Mitchel Less for his graduation from Cooper City High. You are starting a new chapter in your life. You are a winner, good luck at UCF. We are very proud of you.
Love, Abuela & Abuelo Tache

Erin Lloyd

Congratulations to our granddaughter for graduating with honors from Stoneman Douglas High School and being admitted to the University of Florida. Go Gators!
Israel and Zelda Bigelman

Danielle Motola

Graduated from University School of Nova Southeastern University. Member of the National Honor Society, and Math, English, Spanish and Science Honor Societies. She will attend the University of Miami and become a Miami Hurricane, like her mother, this fall! We love you, Miriam, Bernie, Pamela and Raphael Motola



Jeremy Tache

Congratulations to our grandson Jeremy Tache and his parents Teana and Eli for graduating with honors from Cypress Bay High and for being a winner of honorable award in journalism in the Silver Knights Awards. We hope the future brings you all the things you want in life. Good luck at UCF. Love, Abuela & Papa Tache

Jacob Esquenazi

Graduated from School of Medicine, University of Pittsburgh as a Doctor. He will be doing the residence at the Einstein-Montefiore Medical Center in NY for anesthesiology. I'm very proud of you and wish you the best
Love, Tia Reina

Erin Lloyd

Graduated from Stoneman Douglas High School and will be going to University of Florida in Gainesville. Good luck and best wishes
Love, Tia Reina

Sophia Egozi

Graduating kindergarten from University School of Nova. Sophia is the daughter of
Elise and Noah Egozi
Grandparents Esther and Moises Egozi
Love you Sasa!

BAT MITZVAH CLUB & CELEBRATION 2013

By Deena Hadar

On May 26th , 2013 a beautiful first time event was held at Temple Moses. Our Bat Mitzvah Club had a culmination Bat Mitzvah Event featuring a beautiful ceremony and exciting party.

Over the course of the year, Deena Hadar learned with these eight girls to prepare them for this important milestone in their lives as well as for their futures as Jewish women.

The Jewish ideals for a Bat Mitzvah are ones that imbue a sense of uniqueness and specialness of Jewish women. Becoming a Bat Mitzvah is about who each individual girl becomes as she passes through this milestone and enters the next stage of her life. To this end, we created a program that would help the girls develop into the Jewish young ladies they aspire to be. During this program the girls learned about the Jewish holidays, the workings of a Jewish calendar, select Torah portions as well as Navi and Megillot, different women leaders in the Torah, our Sephardic heritage, many mitzvoth and Jewish values. There were also a number of chessed projects to places such as the Miami Kosher Ko-op, Super Sunday and Chai Lifeline as well as field trips and a shabbaton.

The ceremony was a culmination of this learning and an initiation into the world of being a Jewish woman. Each girl spoke about her Jewish name and her connection to the name she was given. They also recited prayers and Psalms in Hebrew and English. The audience was in for a surprise and special treat when they got to watch the girls' impressive multimedia productions based on mitzvot or topics they chose, researched and put a tremendous amount of work into creating. It was an incredible way to view the girls' talents and personality at their special moment. The girls were presented with a gift on behalf of Dr. Daniel DelCastillo in honor of his daughter Dara DelCastillo and blessings from the rabbi.

Everyone then made their way to the ballroom for a grand party where each girl got the opportunity to greet and celebrate with her guests, enjoy delicious food and dance. The girls' moms put a tremendous amount of effort into making this party something the girls would be so proud of. Chazak Ubaruch.

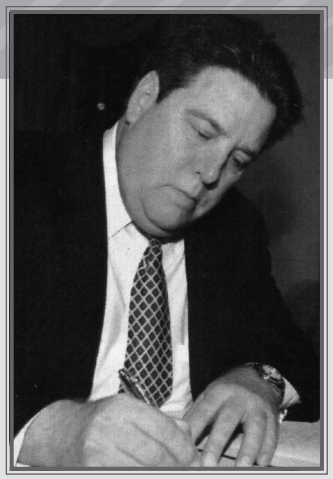
Thank you to Temple Moses for hosting the Bat Mitzvah Club and this wonderful event, to the parents of these wonderful girls, and to the Rubisa!

Mazal Tov to

Shoshana Abrebaya
Nicole Camhi
Shira Chana Hadar
Sapphire Maya
Becky Morel
Estrella Morel
Sabrina Sigal
Jaimie Soriano

Tribute to Rolando Behar

By Bruce Libhaber



The prophet Isaiah reminded us of the need to "Cry aloud, spare not, lift up thy voice like a horn." Rolando Behar, throughout his life, has done just this, as he has raised his voice to bring attention to injustice, anti-Semitism, and threats to freedom throughout the world. Despite, for political reasons spending three years enduring sub-human conditions in Castro's jails, Rolando's determination to speak truth to power has remained undeterred. On May 31, 2013, the Anti-Defamation League honored Rolando Behar for his life's work.

As a young man in Cuba in the 1960's and 1970's, Rolando was an active member of the Union Sionista de Cuba/Macabi Grupo. His active involvement in a Jewish Zionistic organization is especially noteworthy, since it occurred in an officially atheistic, Communist nation which is clearly hostile towards the state of Israel. Since arriving in the United States in 1979, Rolando Behar has served as an active member of Temple Moses. He has served on the Board of Directors for over 15 years. In addition, he has served for many years on the Board of Federacion Sefaradi Latinoamericana (FeSeLa) and the American Sephardic Federation, South Florida Chapter. In these roles, he has hosted and helped organize countless programs and conferences promoting the beauty that is Sephardic culture.

Rolando has proven to be unwavering in his commitment to a democratic Cuba. He has expressed a willingness to work with any group dedicated to the freedom of the Cuban people, regardless of ideology. Since 1990, Rolando has been a Director of the Union Liberal Cubana political party. Rolando served on Plataforma Democratica Cubana, a forum established by the three leading Cuban exile political parties. Rolando has represented Union Liberal Cubana in forums throughout the world, including the United States, Europe, and Latin America. In 2004, Rolando helped found and continues to work for Consenso Cubano, a public forum think tank consisting of more than twenty-four organizations of broad ranging political views. Since 2009, Rolando has worked with Asamblea de la Resistencia, an umbrella organization of more than fifty Cuban exile organizations dedicated to supporting the resistance to the Cuban tyrannical government within the island nation.

More recently, Rolando was able to merge his political outspokenness and his love for the Jewish people through his work with the Anti-Defamation League (ADL). Since 2004, he has served as Chairman of the ADL's Hispanic Jewish Initiative. In this capacity, Rolando has written numerous columns in El Nuevo Herald and has made countless television and radio appearances. Rolando has been a steadfast supporter of the state of Israel's right to defend itself. He is quick to point out media bias against the Jewish people in general or the state of Israel in particular. Throughout the years, sometimes at great personal risk, Rolando has stood strong in support of freedom and in defense of the dignity of man. This struggle, to find hope despite life's turmoil, is most eloquently described by Jose Marti when he wrote:

Yo he visto en la noche oscura
llover sobre mi cabeza
los rayos de lumbre pura
de la divina belleza.

May G-d continue to bless Rolando Behar and his family and may He hasten the day when the people of Cuba can enjoy the fruits of freedom and the people of Israel may know true peace.

Un kafiko con... Perla Tácher

Por Belinda Behar

Conocí a Perla durante una de las épocas más felices de su vida. Recién había sido elegida presidenta del Comité de Damas. Andaba enfrascada en trabajar y ganar dinero para nuestro templo. Entre los años 2004 y 2009, el Templo Moses se convertiría en su segundo hogar. Como quien lucha por mantener a la familia propia, ella se tomó tan en serio su labor, que parecía como si se tratara de su propio negocio. Perla no sólo abrió su bolsillo por nuestra comunidad sino que, además, gracias a su experiencia empresarial exitosa, consiguió levantar muchos fondos en todas y cada una de los proyectos que llevó adelante mientras sirvió en el cargo.

Buscando saborear este kafico, llego hoy a un hogar espectacular. No haces más que entrar al condominio y, en el mero vestíbulo, la primera impresión es clara: has entrado a un hogar judío en el que, desde las paredes, prominentes sabios y rabinos - incluido el Rebbe Z"L - te dan la bienvenida. Junto a la pared, sobre la mesa del foyer se ven libros, fino arte y objetos judaicos expuestos con exquisito gusto cual exponente de que la señora de la casa es una dama llena de profunda devoción, amor, espiritualidad y entrega a su raíz judía.

En contraste con el lujo que encuentras - y quien conoce bien a Perla lo puede corroborar - estamos ante una mujer sencilla y afable que te hace sentir a gusto y cómodo en su compañía. Conste que esta dama ha llegado al sitio en que está, por su mérito y esfuerzo personal. Optimista y positiva, se empuja a sí misma a hacer más cada día con energía y dinámicamente, siempre ayudando a su Templo Moses al que tanto ama. Derrochando liderazgo, Perla nos inspira a cooperar.

Algo interesante: Perla es segunda generación nacida en Cuba. Sus abuelos, por separado (pues se conocieron en Cuba), estuvieron entre los pioneros que llegaron a La Habana procedentes de Turquía, durante la primera década del Siglo XX. En 1906, el abuelo José Misdraji Z"L se casa con la abuela, Perla Maya Z"L de solo 17 años. Desdichadamente, ella sobreviviría un año más, pues fallece poco después del nacimiento de su hija Luisa Z"L.

No esperes tratar sobre Perla, sin que salga a colación su querida madre. Me cuenta que Luisa Z"L dedicó su niñez y adolescencia a ayudar a criar los cinco hermanos, todos varones, que nacerían durante el siguiente matrimonio del padre. Como acostumbraban en su tiempo, pasó pronto de la tutela paternal a la de Salvador Cheni Malki Z"L con quien contrajo matrimonio, a los 17 años de edad. Junto a él, un emigrante desde el año 1912, natural de Iderné, Turquía, y comerciante local, forjó su pequeña familia que se completaría, un año después, en 1934, con el nacimiento de Perla, la protagonista de este "kafiko".

El lazo con su madre era muy especial. Como se llevaban sólo dieciocho años, la distancia entre generaciones, al ser tan estrecha, le añade a los habituales rasgos comunes en la relación entre madre e hija, el que entre ellas hubiera lazos de solidaridad, comprensión y amistad característicos entre mejores amigas. Esto contribuye a que continúen viviendo juntas, en armonía, mucho más allá y después de la boda de Perla con Elías Tácher, un joven recién llegado de regreso de la guerra de Independencia de Israel y al que conocía desde niña.

Después de la boda en el Centro Israelita de La Habana, en el año 1954, comienzan a arribar, entre 1955 y 1958, sus tres hijos amados: David, Salvador y Sarita. Es con ellos, Elías y su inseparable Luisa Z"L, que emigran a Israel, en el 1960, junto a varias familias de la comunidad. Alli sólo residieron seis meses y pronto viajan a Estados Unidos donde van a dar a Flushing, en Queens… ¡Ahí es donde la Perla emprendedora que hoy conocemos comienza a manifestarse!

De joven madre ama de casa, Perla debe salir a trabajar para ayudar en la economía familiar. Comienza de operaria en una fábrica de ropa para bebés: Baby Concord Products. Durante los casi nueve años que trabaja con ellos, llega a ser jefa y a conocer cada maquinaria al dedillo. Allí comienza una práctica que la distinguirá desde entonces: dirigir como mejor se puede liderar: ¡con el ejemplo! Por supuesto – me confía sonriente – en la fábrica montó, paralelamente, un "fiadito" de prendas que vendía a las empleadas. Mientras, las ventas de Elías evolucionan del fiar de puerta en puerta, a terminar abriendo una mueblería en Brooklyn. Cuando el crecimiento del negocio lo requiere, Perla comienza a trabajar con Elías, llevando la contaduría de Mazee Furniture Store, desde el año 1965 hasta que venden la tienda en el año 2000, cuando se trasladan a la Florida… ¡y nuestro Templo Moses gana una voluntaria estrella!

Durante los años en New York, la familia iba a meldar a la sinagoga de Canarsie, junto al resto de la comunidad que había emigrado desde Cuba al Norte de los Estados Unidos en los años sesenta. Cuenta Perla que allí, en la cocina de Canarsie, fue donde aprendió a hacer bulemas. ¡Mira por dónde empezó este lío de la cocina! Aún después de su presidencia con las damas, Perla ha continuado involucrada en este importante renglón de nuestra comunidad.

Solamente con su contribución filantrópica a tantas causas judías hubiera sido suficiente. Sin embargo, siempre que pienso en Perla la conexión mental que hago es con su labor como voluntaria para nuestra comunidad. Por eso, este kafiko viene con un plato acompañante: ¡bulemas amasadas por sus bendichas manos! ¡Gracias, Perlita!

belindabehar@live.com

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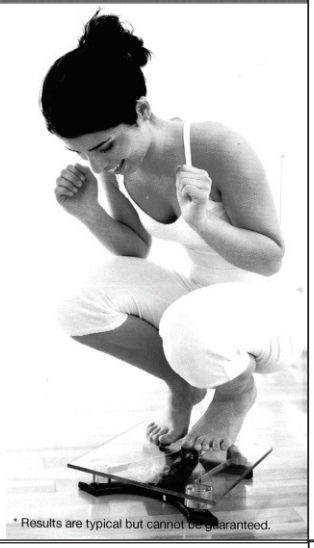

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Chicken Marbella Recipe

- **1/2 head of garlic, cloves peeled and pureed**
- **2 tablespoons dried oregano**
- **Coarse salt and freshly ground pepper**
- **1/4 cup red wine vinegar**
- **1/4 cup olive oil**
- **1/4 cup pitted prunes**
- **1/4 cup pitted Spanish green olives**
- **1/4 cup capers with a bit of juice**
- **3 bay leaves**
- **2 chickens (about 2 1/2 pounds each), quartered**
- **1/4 cup brown sugar**
- **1/2 cup white wine**
- **1 tablespoon fresh Italian parsley or cilantro, finely chopped**

In a large bowl, combine garlic, oregano, salt and pepper to taste, vinegar, olive oil, prunes, olives, capers with caper juice and bay leaves. Add the chicken pieces and coat completely with the marinade. Cover and refrigerate overnight.

Heat oven to 350 degrees. Arrange chicken in a single layer in one or two large baking pans and spoon marinade over it evenly. Sprinkle chicken pieces with brown sugar and pour white wine around them. Bake for 50 minutes to 1 hour, basting frequently with the pan juices, until chicken is done (165 degrees).

With a slotted spoon, transfer chicken, prunes, olives, and capers to a serving platter. Moisten with pan juices and sprinkle with parsley. Serve remaining sauce on the side. Makes 8 servings.

Upcoming Events

June 26th, 2013

Cooking class by Marisol Behar and Rosa Betancourt.
Place: Marisol's house
Time: 7:00PM
Please call 305-323-0336 or the office (305-861-6308) to reserve.
$18 per reservation.

July 24th, 2013

Despedida Especial de Marisol Behar, presidenta del Comite de Damas.

Mi más profundo agradecimiento y admiración, a Belinda Behar, por la maravillosa entrevista que me hizo. Su profesionalismo y estilo de escribir, son impresionantes. Extiendo mi reconocimiento a su hijo Roli por su colaboración con la cámara de video. Que D-os los bendiga.

Victoria Rodriguez

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El Chapeo

Un ombre, avlando en la kavane kon sus amigos, konto ke su padre bive en un kazal aleshado, i ya azia muncho tiempo ke no lo avia visto, i ke el pensava de partir i de verlo, enteresarse por su salud i pasar en el unos kuantos dias.

Oyendo esto, un ombre ke estava asentado afuera de esta parea, salio koriendo de la kavane, entro a una butika de chapeos ke se topava en la mezma kaleja, merko un chapeo, vino korriendo, se aparo enfrente del ke va partir i le disho:"Senior, mi padre tambien bive en el mezmo kazal, al kual tu pensas de partir. Te rogo ke me agas un plazer, de dar este chapeo a mi padre".

Ma, kuando el ombre arivo al kazal, le disheron ke el viejo ya murio.

Despues de unos kuantos dias, el torno del viaje i vino a la kavane, i todos los amigos se arrekojieron a su derredor i se enteresaron komo paso el viaje, ke trokamientos uvo en el kazal, a ken nkontro, v.s.

I el del chapeo, estava perkurando todo el tiempo a saver si su padre resivio el chapeo ke le embio i si se alegro.

Ma, el ombre ke torno del kazal, si no komo keria darle la novedad triste, bushko achakes a no responder, trokando las palavras i mirando de no vinir kon kara viz a vi, kon el, para no ser uvligado de kontar la verdad triste.

Ma, a la fin, kuando ya no tuvo otro remedio, le disho:"Mira Buena persona, si tu savias lo ke supi en el kazal, tu padre ya no keria mas chapeo….

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Please contact Elle Bienenfeld at (786) 663-4119 for more information or call Temple Moses at (305) 861-6308.

Sleep Apnea

By Dr. Eric H Naierman, associate of Dr. Daniel DelCastillo

To many of us, staying healthy is of utmost importance. As Americans we spend billions of dollars a year on diet, exercise, medications and the like. For many, the day seems to revolve around health and wellbeing, as it should. However, little mind is paid to healthcare in our sleep. Mainly, we assume that when we are sleeping our bodies are in "auto-pilot" and that we are getting restful, energizing sleep. In most cases this is true, however for some it is quite the contrary. Those who suffer from Obstructive Sleep Apnea are experiencing 5-8 hours of destructive sleep every night. Sleep apnea awareness is on the rise but figures show that close to 75% of Americans with Sleep Apnea are still undiagnosed. Of those that have been diagnosed, many are unaware of the severity of the disorder and how it affects the body. The "gold standard" of sleep apnea treatment is nightly use of a positive pressure airway mask, better known as CPAP. Although CPAP is effective in treating sleep apnea, many find it uncomfortable and impossible to sleep with. Recently however, studies have shown that a comfortable oral device, fabricated by a licensed dentist, can be equally as effective as CPAP in treating most cases of sleep apnea.

Obstructive sleep apnea refers to a condition in which one experiences repeated episodes of airway obstruction throughout the night. During these episodes the heart rate rises drastically but the blood oxygen level dips to dangerously low levels due to the blockage of oxygen to the lungs. It's like running a marathon while holding your breath! Essentially your body is working at a laborious pace to stay alive and keep oxygen pumping to vital organs. One in every 15 Americans suffer from sleep apnea but that number is expected to spike over the next few years as awareness and ease of diagnosis is on the rise. Signs or symptoms of sleep apnea include excessive daytime fatigue or sleepiness, loud snoring, dry mouth or sore throat, chronic headaches, heartburn, and decreased libido. Sleep apnea is associated with high blood pressure, diabetes, erectile dysfunction, ADHD, and Alzheimer's. If you are suffering from any of these symptoms you should consider visiting your doctor for a sleep apnea consultation.

Sleep apnea is diagnosed by polysomnography, also known as a sleep study. In the past, sleep studies have been conducted in a sleep lab in which the patient endures an all night session in a lab bed, hooked up to scores of wires and electrodes. The nature of these tests is a main reason why so many are left undiagnosed. Many of us are unwilling to subject ourselves to a test of such intrusive nature, and rightfully so. However, in recent years "at-home" sleep studies are being conducted. The patient is simply sent home with a comfortable device that the patient sleeps with at night. The device is returned the next day and a certified sleep physician formulates a diagnosis.

If a positive diagnosis for sleep apnea is returned, the patient is encouraged to begin CPAP therapy or consider dental oral appliance therapy. These appliances work by simply bringing your lower jaw forward while you sleep, hence clearing your airway and allowing normal breathing throughout the night. Important to note as well is that Medicare and most private insurances cover oral appliance therapy. Oral appliances are comfortable, easy to wear and are custom fitted by your dentist in just one visit!

At our office we are committed to the effectiv e screening and diagnosis of this potentially deadly disorder. We offer convenient at-home sleep studies to assist in proper diagnoses of sleep apnea, with no need to leave your home. If you have been previously diagnosed with sleep apnea and cannot tolerate CPAP, we offer a range of comfortable oral appliances to help clear your airways and allow comfortable breathing throughout the night. The results can be life altering!

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